

# **Newaygo County Mental Health Minutes of the Regular Meeting**

June 13, 2019

10:18 a.m.

## **Call to Order/Welcome/Prayer**

The regular monthly meeting of the Board of Directors of Newaygo County Mental Health was called to order by Chair Johnson at 10:18 a.m. on Thursday, June 13, 2019 in the Board Conference Room.

Member Taube opened the meeting with prayer.

## **Roll Call**

Members Present: Ralph Bell, Sarah Boluyt, Kathy Broome, Ken DeLaat, Adele Hansen, Steve Johnson, Catherine Kellerman, Todd Koopmans and Helen Taube

Members Excused: Michael Hamm, Bryan Kolk and Sue Twing

Others Present: Director Carol Mills, Jeff Labun, COO; Marc Geroux and Shannon Woodside, recording secretary

## **Communications from the Public**

There was no public comment.

## **Approval of Agenda**

**Motion** by Member Broome, supported by Member DeLaat, to amend the agenda to include 8A. Closed Session and Art Wunsch Award under 12.Other. Discussion took place; motion carried unanimously.

## **Approval of Regular Minutes**

**Motion** by Member Boluyt, supported by Member Koopmans, to approve the minutes of the Regular Board meeting of May 9, 2019. No discussion; motion carried unanimously.

## **Presentation**

Marc Geroux presented on Eye Movement Desensitization and Reprocessing (EMDR). This is a therapy that encourages the patient to focus the trauma memory while simultaneously experiencing bilateral stimulation (eye movements), which is associated with a reduction in the vividness and emotion associated with the trauma memories.

## **Director's Update**

Director Mills written report was reviewed with questions addressed.

## **Closed Session**

**Motion** by Member Taube, supported by Member Broome, to enter into Closed Session to discuss litigation; to include Jeff Labun, Chief Operating Officer and Shannon Woodside, recording secretary. A roll call vote reflected the following:

Ayes: Bell, Boluyt, Broome, DeLaat, Hansen, Johnson, Kellerman, Koopmans, Taube  
Nays: None  
Absent: Hamm, Kolk, Twing

**Motion** carried unanimously.

The Board of Directors entered into closed session at 11:07 a.m. and returned to open session at 11:16 a.m.

### **Executive Committee**

#### *2019-2020 Committees*

Reviewed the 2019-2020 Committees.

#### *Director's Evaluation*

Evaluations were submitted to Shannon Woodside.

Next meeting is July 2, 2019 at 10:00 a.m.

### **Finance**

Check Register, Cash Statement and Financial report were reviewed with the following inquiries were addressed by Jeffrey Labun, Chief Operating Officer.

#### *Check Register*

95291 Fremont Area Foundation                      \$ 1,500.00; This amount is for NCMH yearly dues.

#### *Cash Statement*

No questions.

#### *Financial Report*

No questions.

No meeting scheduled.

#### *2018 Compliance Audit*

Motion by Member Boluyt, supported by Member Hansen, to approve the 2018 Compliance Audit. Discussion took place; motion carried unanimously.

#### *Newaygo County Hotspot Map*

This is a map of the county and the red areas is indicates the people that we serve.

No meeting scheduled.

### **Policy Committee**

The next meeting is July 16, 2019 at 10:00 a.m.

### **Recipient Rights**

Next meeting is August 12, 2019 at 10:00 a.m.

### **Consumer Advisory Committee**

Reviewed minutes of May 23, 2019.

Member Kellerman mentioned that Saginaw CMH is having an art show of consumer's art. This will be added to an upcoming Promotion and Education meeting. Bay-Arenac has a Behavioral Dad and baby group and a Depression and Chronic Pain group.

Member Koopmans said the Autism presentation by John Wade was very good and there was a lot of questions asked.

Member Broome is working on an article about Empowerment Network.

Next meeting is August 22, 2019 at 12:30 p.m.

### **Promotion & Education Committee**

The next meeting will be June 24, 2019 at 1:00 p.m.

### **Mid-State Health Network (MSHN)**

Members Johnson shared the following:

- 298
- 1115 Medicaid Waiver application has not been posted
- Behavioral Health and Developmental Disabilities Administration (BHDDA) – there are rumors that it might be moved under the Medicaid Service Administration. The board association is strongly opposing this move.
- Section 928 – Every year money is sent back to the State. Area counties are signing a resolution to keep the money local.

### **CMHAM**

No report.

### **Art Wunsch Award**

This award was presented to Michael Geoghan, former CEO of Newaygo County Mental Health.

### **Communications from the Public**

There was no public comment.

### **Adjournment**

Member Johnson adjourned the meeting at 11:49 a.m.

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Steve Johnson, Chairperson

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Sarah Boluyt, Secretary