

**Newaygo County Mental Health
Minutes of the Regular Meeting
February 13, 2020
10:00 a.m.**

Call to Order/Welcome/Prayer

The regular monthly meeting of the Board of Directors of Newaygo County Mental Health was called to order by Chair Johnson at 10:00 a.m. on Thursday, February 13, 2020 in the Board Conference Room.

Member Boluyt opened the meeting with prayer.

Roll Call

Members Present: Ralph Bell (arrived 10:08 a.m.), Sarah Boluyt, Kathy Broome, Ken DeLaat, Michael Hamm, Adele Hansen (arrived 10:08 a.m.), Steve Johnson, Catherine Kellerman, Bryan Kolk, Todd Koopmans, Helen Taube and Sue Twing

Members Excused: Susan Twing

Others Present: Director Carol Mills, Jeff Labun, Chief Operating Officer and Shannon Woodside, recording secretary

Communications from the Public

No communication from the public.

Approval of Agenda

Motion by Member DeLaat, supported by Member Kolk, to approve the agenda as presented. Discussion took place.

Motion by Member Koopmans, supported by Member Broome, to amend the agenda to add 8.4.2 9.RR.101A Confidentiality/Disclosure Procedure. No discussion; motion carried unanimously.

Approval of Regular Minutes

Motion by Member Boluyt, supported by Member DeLaat, to approve the minutes of the Regular Board meeting of January 9, 2020. No discussion; motion carried unanimously.

Director's Update

Reviewed Director Mills written report and discussed the handouts regarding the system redesign and Arbor Circle Challenge-Inspire-Achieve CIA 5K. Discussion took place and questions were addressed.

The Board of Directors verbally approved to be a sponsor for the Arbor Circle CIA 5K. The board as a whole approved the sponsorship "Run Sponsor for \$500".

Board members with expiring terms as of April 1, 2020 can reapply at the Count Clerk's office by March 6, 2020 by 4 p.m. The County Clerk's office has sent out applications to board members with expiring terms.

Executive Committee

Discussed CMHA Winter conference and the great sessions that were offered.

Next meeting is March 3, 2020 at 11:00 a.m. at the Fremont Recreation Center.

Finance

Check Register and Cash Statement were reviewed with the following inquiries addressed by Jeff Labun, Chief Operating Officer.

Check Register

97115 Eric VanDam	\$3,144.31; This is for tuition reimbursement.
97259 Consumer	\$30.00; This is for Consumer Care meeting stipend.

Cash Statement

No report.

Policy Committee

Next meeting is February 27, 2020 at 10:00 a.m.

Recipient Rights

Reviewed minutes of February 10, 2020.

9.RR.101A Procedure

Motion by Member Kellerman, supported by Member Koopmans, to approve 9.RR.101A Confidentiality/Disclosure Procedure as presented. No discussion; motion carried unanimously.

Fiscal Year Estimated Budget

Reviewed Fiscal Year 2018-2019 and 2019-2020 estimated budget. The increase to fringe benefits is due to a change in insurance coverage going from a single person to a family.

Next meeting is May 11, 2020 at 10:00 a.m.

Consumer Advisory Committee

Reviewed minutes of January 23, 2020.

Next meeting is March 26, 2020.

Promotion & Education Committee

Next meeting is February 25, 2020 at 11:00 a.m.

Mid-State Health Network (MSHN)

Members Johnson and Hamm attended the board meeting and reported that MSHN will be addressing the funding request for Arbor circle at the next board meeting.

Next meeting is March 3, 2020 at 5:00 p.m.

CMHA

The Steering Committee voted in the system redesign document. Member Services is changing how the nomination procedure done. They will not be taking nominations from the floor at time of voting. Moving into the new building could happen in September.

Presentation

Jeff Leighton presented on self-perception and experiential schemata assessment (SPESA).

Discussed the following:

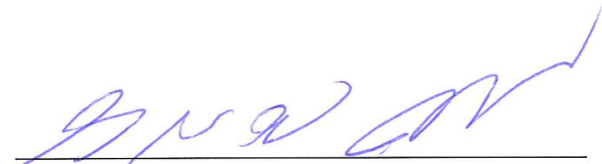
- Neurophysiology of prayer
- EEG and neurofeedback research with addiction
- Neuronal connections are experienced by connections
- Self-perception, perception, negative perception and experiences
- Philosophy of SPESA

Communications from the Public


No communication from the public.

Adjournment

Chair Johnson adjourned the meeting at 12:11 p.m.



Steve Johnson, Chairperson



Sarah Boluyt, Secretary